

## ROCKY KNOLL HEALTH CARE CENTER FOUNDATION MINUTES

Rocky Knoll Health Care Center  
N7135 Rocky Knoll Parkway  
Plymouth, WI 53073

**August 19, 2019**

**Call to Order: 3:00 PM**

**Adjourned: 4:10 PM**

MEMBERS PRESENT: Charlie Conrardy, Kayla Clinton, Richard Bemis, Alan Rudnick, Dale Pauls, Brian Hoffmann, Linda Laible, Jeremy Fredericks, Ron Becker, John Wilde, Denis Schmideler, Liz Ablor

MEMBERS ABSENT: None

OTHERS PRESENT: Ed Morgan (CFO VibeTech), Deb Jacoby (former RK Life Enrichment Director)

President Charlie Conrardy called the meeting to order at 3:00 pm. It was noted that the agenda was posted on August 6, 2019 at 2:45 PM in compliance with the Open Meeting Law.

Motion made by Richard Bemis and seconded by Dale Pauls to approve the minutes of the June 24th, 2019 meeting. Motion carried.

Kayla introduced Ed Morgan and Deb Jacoby to the board members. Ed presented a proposal to the members requesting the Foundation's endorsement of a research project involving Rocky Knoll and VibeTech. VibeTech is pursuing a grant to fund the project. If the grant is approved, the funds would go to and be disbursed through the Foundation. The project involves the use of VibeTech's vibration therapy "chair" to increase leg strength and balance to help reduce the number and severity of falls in Rocky Knoll's dementia population. The information gathered would be utilized to develop a prototype unit that would be beneficial to treating patients in long-term care settings; being easily accessible (portable) and requiring fewer resources (staff) to use safely and successfully. Rocky Knoll would benefit in many ways: participating in the research speaks to our mission of being proponents of innovation in the long-term care industry, public relations exposure from highlighting Rocky Knoll's involvement in the project is "free advertising" and promotes the facility, and at the close of the project Rocky Knoll would receive two of the new prototype units at no cost. Deb Jacoby spoke to the group about her experience with the VibeTech One chair and a PIP she directed here at Rocky Knoll using the chair on a select group of residents with dementia. She is very supportive of the VibeTech chair and an advocate for its use in the long-term care industry. She feels it will be of great benefit to our resident population.

Motion made by Alan Rudnick and seconded by Dale Pauls to endorse the proposal, and accept the responsibility of receiving and disbursing the grant funds as outlined in the proposal. Motion carried unanimously.

Three Trustees were up for re-election: Dale Pauls, Brian Hoffmann, and Linda Laible. Dale Pauls and Brian Hoffmann agreed to serve another three-year term. Linda Laible regrettably declined, as she finds it necessary to resign for personal reasons. Motion made by Richard Bemis and seconded by John Wilde to re-instate Dale Pauls and Brian Hoffmann as Trustees. Motion carried. All the members thanked Linda Laible for her devotion and service to the Foundation for the past 9 years.

Charles Conrardy was asked if he would continue to serve as President. He said that he would be glad to.

Motion made by Ron Becker and seconded by Denis Schmideler to re-instate Mr. Conrardy as President. Motion carried. Denis Schmideler nominated himself as Secretary. Motion made by Alan Rudnick and seconded by John Wilde to instate Mr. Schmideler as Secretary. Motion carried.

Cindy presented a fund request from Life Enrichment for a \$250 donation to the Camo Quilt Project. The group will be providing Rocky Knoll with three quilts to be used during "Honor Walks" that take place following a resident's death at the facility. Motion made by Brian Hoffmann and seconded by Ron Becker to approve the request. Motion carried.

Dale Pauls presented a condensed "2019 Strategic Plan for the Foundation" for consideration by the Board members. Trustees will need some time to carefully review it. It was decided to give members copies of the Plan with the intention of reviewing it together at our next meeting. President Conrardy asked members to be prepared to join one of the three committees suggested in the Plan so we will be ready to move forward with agreed upon strategies.

Jeremy Fredericks presented the financial report dated July 31st, 2019. Motion made by Brian Hoffmann to approve the Financial report, seconded by Ron Becker. Motion carried.

Motion made by Richard Bemis and seconded by John Wilde to adjourn. Motion carried. Meeting adjourned at 4:10 PM. The next Foundation meeting will be held Monday, September 16, 2019 at 3:00 PM. (President Conrardy will be out of town on the date of our regularly scheduled meeting, September 23, 2019).

Respectfully submitted,

Cindy Stevens, Recording Secretary