

## NOTICE OF MEETING

### PLANNING, RESOURCES, AGRICULTURE AND EXTENSION COMMITTEE

**October 25, 2016 - 4:15 PM**

UW Sheboygan Campus  
5 University Drive  
Sheboygan, WI 53081

UW Extension Office - Room 5024

#### **\*Agenda\***

Call to Order

Certification of Compliance with Open Meeting Law

Approval of Minutes

PRAE Committee - Regular Meeting - Aug 23, 2016 4:15 PM

Public Input and Comments on Agenda Items/Non-Agenda Items

Correspondence

UW Extension

Consideration of UW-Extension Impact Report

Update on nEXT Generation Reorganization

Approval of Attendance at Other Meetings or Functions

Travel Report and Report of Meetings and Functions Attended

Review and Approve Vouchers

Adjourn

Next scheduled meetings

November 8, 2016 at 4:15 PM (Planning & Conservation Focus)

November 22, 2016 at 4:15 PM (UW-Extension Focus)

Prepared by:

Ann Herzog  
Recording Secretary

Keith Abler  
Committee Chairperson

NOTE: A majority of the members of the County Board of Supervisors or of any of its committees may be present at this meeting to listen, observe and participate. If a majority of any such body is present, their presence constitutes a "meeting" under the Open Meeting Law as interpreted in *State ex rel. Badke v. Greendale Village Board*, 173 Wis. 2d 553 (1993), even though the visiting body will take no action at this meeting.

Wis. Stat. § 19.84 requires that each meeting of a governmental body be preceded by a public notice setting forth the time, date, place, and subject matter of the meeting. This Notice and Agenda is made in fulfillment of this obligation. Electronic versions of this Notice and Agenda may hyperlink to documents being circulated to members in anticipation of the meeting and are accessible to the public for viewing. Additions, subtractions, or modifications of the hyperlinked materials do not constitute an amendment to the meeting agenda unless expressly set forth in an Amended Notice and Agenda. Members of the public are encouraged to check from time to time before the meeting to see whether the hyperlinked content has been changed from what was originally posted.

Persons with disabilities needing assistance to attend or participate are asked to notify Sarah Tarjeson, 920-459-5915 prior to the meeting so that accommodations may be arranged.

**SHEBOYGAN COUNTY PLANNING, RESOURCES,  
AGRICULTURE, & EXTENSION COMMITTEE MINUTES**

UW-Extension Office  
UW-Sheboygan Campus  
5 University Drive, Sheboygan, WI  
Room 5024

**August 23, 2016**

**Called to Order: 4:15 PM**

**Adjourned: 5:20 PM**

MEMBERS PRESENT: Supervisor Keith Abler, Supervisor Fran Damp, Supervisor Jim Baumgart, Supervisor Steve Bauer,

MEMBER ABSENT: Supervisor Libby Ogea

OTHERS PRESENT: Jane Jensen, Laura Apfelbeck, Tammy Zorn

Chairman Abler called the meeting to order at 4:15 PM. Chairman Abler reported the meeting notice had been posted on August 16, 2016, at 10:35 AM and the meeting was in compliance with the Wisconsin Open Meeting Law.

Supervisor Damp moved to approve the minutes from the meeting on July 26, 2016. Motion seconded by Supervisor Bauer. Motion carried.

There was no Public Input or Comments on Agenda Items/Non-Agenda Items.

Correspondence: None.

Laura Apfelbeck reported on the WNEP Year in Review (summary of projects).

Supervisor Bauer motioned to approve the reconciliation of Contract 133. Motion seconded by Supervisor Damp. Motion carried.

Supervisor Damp moved to approve the UW-Extension Impact Report for August. Motion seconded by Supervisor Bauer. Motion carried.

Jane Jensen reported on updates on the nEXT Generation Reorganization.

Supervisor Baumgart moved to approve attendance to the Working Soils Workshop: Women in Agriculture on September 6, 2016. Supervisor Bauer seconded the motion. Motion carried.

Travel Report: None.

Supervisor Bauer made a motion to approve vouchers and Supervisor Damp seconded. Motion carried.

Supervisor Bauer moved to adjourn the meeting. Supervisor Damp seconded the motion. Motion carried. Meeting adjourned at 5:20 PM.

Next meeting (Planning & Conservation Focus) is scheduled for September 13, 2016 at 4:15 PM. Next meeting (UW-Extension Focus) is scheduled for September 27, 2016 at 4:15 PM.

Jane Jensen  
Recording Secretary

Libby Ogea  
Committee Secretary



# UW-Extension Sheboygan County October 2016

4-H Youth Development

Sheboygan County  
Planning, Resources,  
Agriculture &  
Extension Committee

Keith Abler  
Chairperson

Fran Damp  
Vice-Chairperson

Libby Ogea  
Secretary

James Baumgart  
Steven Bauer  
Stanley Lammers  
Members



Use your phone, iPad  
or tablet camera to  
scan the code above  
to find UWEX on the  
web! (Barcode Reader  
or Google Goggle  
apps may be needed.)

UW-Extension  
Sheboygan County  
5 University Drive  
Sheboygan, WI 53081  
920-459-5900

University of Wisconsin,  
United States Department  
of Agriculture, and  
Wisconsin Counties  
cooperating.

University of Wisconsin-  
Extension provides equal  
opportunities in employ-  
ment and programming,  
including Title IX & ADA.

## Sarah Tarjeson, 4-H Youth Development Educator and Linda Robson, 4-H Youth Development Program Coordinator

A critical element of the Sheboygan County 4-H Youth Development Program is providing positive environments in which youth can grow and develop confidence, a sense of accomplishment, and a greater level of competence. This environment is created, in part, by the recognition offered to 4-H members as acknowledgment and affirmation of their growth, development, and contributions.

Sheboygan County 4-H Youth Development Staff—along with the Sheboygan County 4-H Leaders Association—understands the importance of recognition and award programs as a way to foster the development of self-esteem and self-reliance, two important self-concepts that help ensure a healthy adult life. Recognition, awards, and competition can have a major influence on young people, often providing an incentive for further learning and the inspiration to continue learning. In addition, recognition and awards provide individuals and businesses an opportunity to publicly support young people and their accomplishments, leading to a better connection between youth and community.

Consistent with the **National 4-H Recognition Model**, Sheboygan County 4-H members and volunteers are recognized when they participate in 4-H learning experiences, make progress toward goals, achieve a standard of excellence, excel in competition, and/or participate in collaborative and group efforts. Our 4-H Program provides a variety of informal and formal opportunities for youth to gain recognition. While the recognition programs vary somewhat from club to club, the county recognition programs are available to all eligible 4-H members and primarily take place at the end of the 4-H year in October and November.

At our **4-H Awards and Recognition Ceremony** on Monday, November 28th, over 200 youth members and scores of adult volunteer leaders will be recognized for their leadership and support of the Sheboygan County 4-H Program. **Project Awards** are given to youth 6th grade and older in recognition of their outstanding contributions in their 4-H projects. Awards are based on an application and interview process. 4-H Volunteer Leaders are recognized for their years of service to the program.

Over 150 youth will be recognized for their strong involvement and commitment to their club and the county 4-H program. All 4-H members are eligible for the **Clover Award**, an optional recognition program with five levels and based on the number of points accumulated by participating in 4-H activities. On this special evening we will also highlight and recognize our Secretary, Report and Community Builder Book winners, Older Youth Trips & Awards Recipients, and Achieving Ambassadors.



Your county  
extension office

Sheboygan County  
UW-Extension Staff  
920.459.5900

Michael J. Ballweg  
Agriculture Agent

Jane E. Jensen  
Family Living Educator

Sarah J. Tarjeson  
4-H Youth  
Development Educator

Linda Robson  
4-H Youth Development  
Program Coordinator

Betsy Warmus  
4-H Youth Development  
Assistant (25%)

Kevin Struck  
Growth Management  
Educator

Laura Apfelbeck  
Nutrition Education  
Program Coordinator  
(shared with Manitowoc)

Kao Vang and  
Janeth Orozco  
Nutrition Education  
Educators  
(shared with Manitowoc)

**Administrative  
Assistants**

Ann Herzog  
Tammy Zorn  
- vacant -

# UW-Extension Sheboygan County October 2016 - IMPACT REPORT

Family Living & Wisconsin Nutrition Education Program (WNEP)

## Jane Jensen, Family Living Educator

Follow-up evaluation for the six-part **Powerful Tools for Caregivers** (August – October, 2016) co-facilitated by Jane found that all participants—who had been in their family caregiving role for anywhere from two to 18 years—indicated they had increased skills after the series. They said they had more confidence in their caregiving ability and that they were more able to assert themselves with others to get help. Every participant said they would recommend the series to others.

They also described increased abilities in 1) self-care and stress reduction, 2) locating caregiving resources, 3) making different caregiving decisions, 4) taking care of their personal health, and 5) dealing with their emotions. All indicated they planned to use a minimum of nine of the tools learned through the series, which included: action planning, long-range goal setting, assertive communication, relaxation methods, family meetings, positive self-talk, etc.

“I have a more positive attitude and am able to communicate better,” said one attendee. “This was so helpful to me,” said another. Yet another participant stated, “I can communicate so much better with my husband and feel that I will be able to keep him out of expensive long-term care longer (with early onset Alzheimer's).”

## Laura Apfelbeck, Nutrition Education Program Coordinator

Nutrition education program changes to meet needs of new audiences

**FoodWise** is the new name of  
Wisconsin Nutrition Education Program



FoodWise, formerly known as the Wisconsin Nutrition Education Program, or WNEP, has a long legacy of providing nutrition education to Wisconsin families and individuals with limited incomes. While the program remains strong, much has changed at the national, state and local level since it first began.

“We wanted to move away from an acronym that holds little meaning for program partners and our target audience,” says Amber Canto, the state coordinator for the program. “Our goal was to move closer to an action-oriented name that reflects our purpose and intended outcomes, as well as focus on a relevant digital presence.”

FoodWise, federally funded through the Supplemental Nutrition Assistance Program-Education (SNAP-Ed), seeks to empower people with limited incomes to make healthy choices to achieve healthy lives and reduce health disparities. To learn more, visit <http://fyi.uwex.edu/foodwise/> or contact Laura.

# UW-Extension Sheboygan County

*Agriculture and Natural Resources*

**Mike Ballweg, Agriculture Agent**

## Managing Tillage and Reducing Soil Compaction for Improved Soil Health

Soil health is the foundation for productive cropping systems. Healthy soils provide: nutrients to plants, good soil structure and aggregation allowing water and air to infiltrate root zones, and enhance biological activities that are important for recycling plant nutrients. While biological properties take longer periods of time to develop, soil structure can be destroyed rapidly with inappropriate tillage equipment or tilling when field conditions are not right. About 100 people attended the Field Day on August 18th at Gibbsville Implement, Waldo to learn about farming practices for improving soil health.



*UW-Madison Soil Scientist Francisco Arriaga teaches about soils*

The Field Day focused on the physical characteristics of soil health and how farming practices can improve soil health. Participants learned about the importance of soil structure and why it is critical for soil health and vigorous plant growth. They also learned to manage crop residue while maintaining the integrity of soils. Finally they learned about how regulating tire pressure can reduce soil compaction and improve soil structure. A very important concept as farmers harvest crops during this very wet fall harvest season.

### ~ Program Agenda ~

- Why Does Soil Structure Matter?
- How Tillage Impacts Soil Structure, Water Infiltration & Soil Health
- Tillage Considerations on Heavy Clay Soils

*Francisco Arriaga  
UW-Madison Soil Science Department*

*Mike Ballweg  
Agricultural Agent - Crops & Soils  
UW-Extension - Sheboygan County*

- Reducing Soil Compaction by Regulating Tire Pressures

*Pat's Tire Sale & Service Inc., Chilton, WI*

- What Can We Learn from Soil Pits?

*Francisco Arriaga  
UW-Madison Soil Science Department*

- Field Demos
- Residue Management, Tillage Equipment Selection & Set-Up

*Jeff DeBlaey  
Gibbsville Implement Inc.*



*Jeff DeBlaey explains tillage settings to maximize crop residue*

# UW-Extension Sheboygan County

*Community Growth Management Education*

**Kevin Struck, Growth Management Educator**

A grounds and maintenance staff member from the recently constructed Sheboygan Senior Community on County Road Y in the Town of Sheboygan contacted Kevin regarding the site's **stormwater retention pond**. The Community would like the pond to be more of a gathering place for its residents, but to accomplish that objective certain enhancements would have to be made to the pond and its shoreland area.

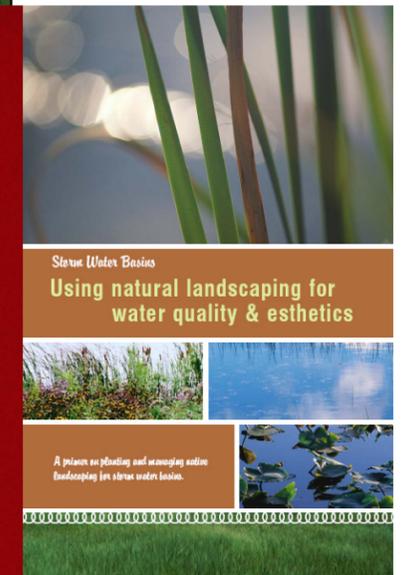


The staff member asked if a fountain would be allowed in a retention pond. Kevin did some research and found that fountains, while not necessarily prohibited, are not as effective as aerators. They are, however, more aesthetically pleasing.

Geese and their droppings on the path that circles the pond are also a problem. Kevin forwarded an article on controlling geese from a landscaping perspective. Specifically, the article recommended 1) *vegetative barriers*: instead of mowing right to the water's edge, plant aquatic vegetation around pond margins; this helps to disrupt the expansive view, acts as a physical barrier, and provides excellent habitat for other more desirable wading birds and wildlife; and 2) *unpalatable vegetation*: if possible, plant grass that geese don't like to eat, such as fescues. Kentucky Blue Grass should be avoided as it is a goose favorite. Also, a nontoxic chemical, called methyl-anthranilate (REJEX-IT) can be applied to lawns, fields, or other areas to deter geese from feeding. The chemical is a flavoring found in grapes that is sweet to humans and abhorred by geese.

Kevin also followed up with a 14-page UW-Extension booklet entitled "Using natural landscaping for water quality and esthetics," and included several color photos of aquatic and non-aquatic plants that might be of interest.

"Thanks Kevin for the great information, it looks like it will be very helpful," wrote the Sheboygan Senior Community staff member.



*Storm Water Basics  
Using natural landscaping for water quality & esthetics*

*A primer on planting and managing native landscaping for storm water basins.*