

## ROCKY KNOLL HEALTH CARE CENTER FOUNDATION MINUTES

Rocky Knoll Health Care Center  
N7135 Rocky Knoll Parkway  
Plymouth, WI 53073  
Shah West Conference Room

**June 13th, 2016**

**Called to Order: 3:30 PM**

**Adjourned: 5:20 PM**

MEMBERS PRESENT: Charlie Conrardy, Dale Pauls, Linda Laible, Brian Hoffmann, Ron Becker, Richard Bemis, Denis Schmideler, Bernie Nowicki, Rachelle Valleskey, Jeremy Fredericks, Cindy Stevens

MEMBERS ABSENT: Tim Woodworth

OTHERS PRESENT: Debra Jacoby, Vibe Tech representatives: Jeff Leismer CEO, John Van Der Vaart and Ed Morgan

Mr. Conrardy called the meeting to order at 3:30 PM. It was noted that the agenda was posted on June 7<sup>th</sup>, 2016 at 3:45pm in compliance with the Open Meeting Law.

The representatives from VibeTech made a presentation to the group on their Rehabilitation Chair. The chair uses vibration therapy to simulate load-bearing exercises to strengthen bones and muscles from a seated position. This technology is aimed at helping people with injuries, disabilities, or diseases that leave them unable to perform weight-bearing exercises. Treatments can maintain and build bone and muscle mass; which in turn improves quality of life by improving balance and mobility and reducing falls and pain. Our resident population could benefit greatly from this technology. The presentation was followed by a question and answer period. Discussion will continue on this topic as the board considers funding such a purchase.

A motion was made by Richard Bemis and seconded by Linda Laible to approve the minutes of the May 2<sup>nd</sup>, 2016 meeting. Motion carried.

Cindy reported that the Foundation had received the first installment of the United Way Drive 2015 of \$222.20. The second installment is usually received sometime in November. These funds are designated to be used for the purchase of recliners for resident rooms.

Two Release of Foundation Fund requests were received:

Life Enrichment requested \$2400.00 for the purchase of a Steel Roof Sun Shelter. The removal of two trees by the patio area outside of Woodland Village has left the area with no shade to sit in. The patio area is used a lot by residents and visitors who want to relax outside. The shelter would add to their comfort and enjoyment. Mr. Hoffmann commented that he and his wife had seen the exact unit being requested at Costco and were considering purchasing it for themselves because he was so impressed with the quality of construction and design. A motion was made by Bernie Nowicki and seconded by Ron Becker to approve the request. Motion carried.

Life Enrichment requested \$2000.00 for the purchase of Sensory Items for the 1North dementia unit. Debra Jacoby has selected a variety of items that she feels would be beneficial for the residents on 1North. Her selection includes items to touch and feel, items to hold and hug, items to fit in place, sort, and move around. There is also a selection of music CDs and a large lighted optic strand. Motion made by Richard Bemis and seconded by Ron Becker to approve the request. Motion carried.

Debra Jacoby made two suggestions to the Foundation of future projects to consider. The Flag pole area which is laid in bricks needs to be repaired or replaced and the Rocky Knoll sign on Hwy 67 also needs repair or replacement. The board thanked her for her suggestions and will keep them in mind.

Rachelle gave a summary of the Fund Raising Sub-Committee's meeting on May 24<sup>th</sup>. The sub-committee was formed to brainstorm ideas for a signature annual fund raiser to be associated with the Foundation. They suggested an annual "Jolly Holiday" to be held in October. The idea is to offer booth space for rent at an event held at Rocky Knoll where local vendors and owners of side line businesses (Avon, Thirty-one, Tastefully Simple, etc.) can sell their goods to the community. Along with the selling of goods we could offer concessions, tours of the facility, and balance testing. The board members liked the idea and decided unanimously to hold the event this fall. The date will be determined at the next Foundation meeting. A second purpose of the Fund Raising committee is to actively campaign for corporate sponsors to fund bigger investitures. Ideas for bigger investitures include: Healing Garden, VibeTech equipment, Scholarship fund, and a Band stand. The sub-committee will be taking a road trip on June 21<sup>st</sup> to view the Japanese Healing Garden in Two Rivers as well as the garden at the Aurora Medical Center. Seeing how these are designed and maintained will help the board decide if this project would be viable for Rocky Knoll. All Foundation members are welcome to come along.

Cindy spoke briefly about the options Marshall Sign suggested for a new leaf color on the Giving Tree should the Foundation decide to add a lower level of recognition to the Tree. She also spoke about the possibility of retaining the Wall of Honor as it is and expanding it down the hallway as opposed to revising it. As the meeting was running late already, and both of these ideas need to be visualized, the decision was made to continue discussion on these two topics at the next meeting. We will gather in the hallway where these displays are located and discuss our options.

Richard Bemis made a motion to adjourn, seconded by Denis Schmideler. Motion carried.

The meeting was adjourned at 5:20 pm.

The next Foundation Meeting will be June 27th at 3:30 pm at Rocky Knoll Health Care Center in the Shah West Conference room.

Cindy Stevens  
Recording Secretary